



Aaira Madaan and Mahineer Ghosh, students of Sat Paul Mittal School, Publish a Research Paper with 'International Journal of Medical and Health Research'



It's a moment of great pride that Aaira Madaan and Mahineer Ghosh, Grade XII students of Sat Paul Mittal School, have published a research paper in International Journal of Medical and Health Research. International Journal of Medical and Health Research is a peer reviewed, indexed, open access journal, publishing high quality papers on all aspects of medical sciences.

With the publication of the paper on 'Depression and Addiction: A review' published in 'International Journal of Medical and Health Research', Aaira Madaan and Mahineer Ghosh have proved their mettle in the international arena.

Aaira and Mahineer devised a set of survey questions to measure happiness. The survey included questions regarding the volunteer's drug use habits and reasons. After the careful study of collected results, they found a direct and positive correlation between the happiness index and drug use.

This independent psychological research done by the students to find a correlation between Depression and Addiction was prompted by a casual observation about how most people who abuse illegal drugs also seem much more likely to be depressed or anxious. The paper tries to find the answers to negative effects of drugs on particular neurotransmitters in different ways. The study analyses the effects of the three most commonly recorded drugs in the survey, namely, nicotine, cannabis and alcohol. Each drug negatively affects the particular neurotransmitter in a different way thus affecting its functions, which have a direct influence on depression.

Bright and cheerful, Aaira and Mahineer excel in academics as well as various extra-curricular activities. As diligent students who bring creativity and innovation to whatever they decide to undertake, they are enthusiastic to work on unexplored domains.

Principal, Ms. Bhupinder Gogia, Sat Paul Mittal School, expressed her great delight and congratulated Aaira and Mahineer on their remarkable achievement.