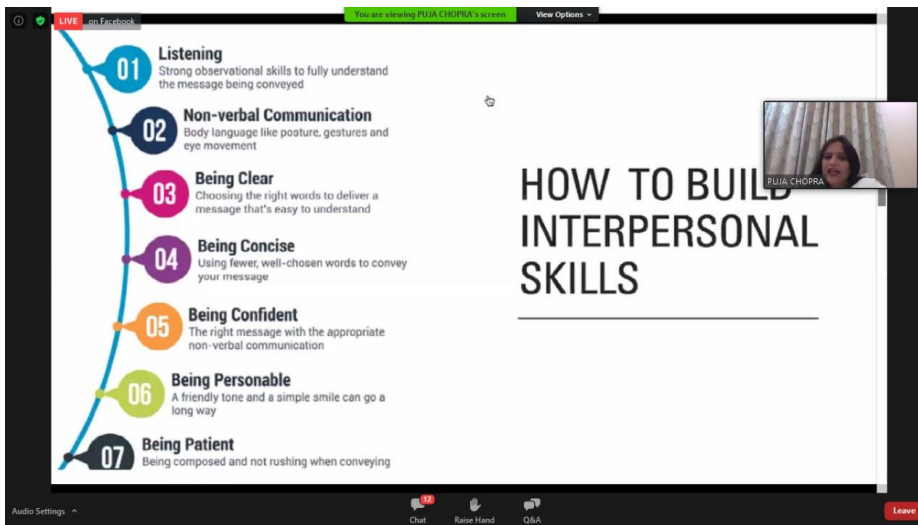


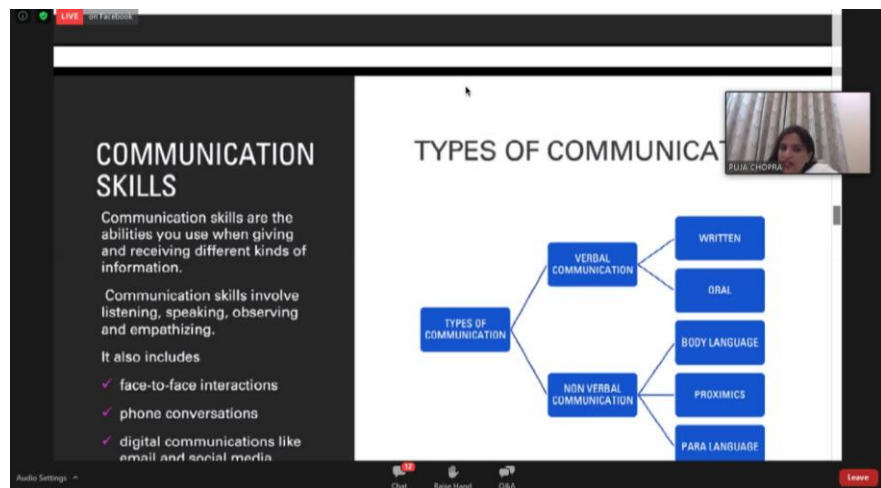
Ms. Puja Chopra, Career Counsellor, Sat Paul Mittal School conducted a webinar on Social Skills under the project 'Strengthening NYKS and NSS' in lieu of World Youth Skills Day



“If there is even one secret of success, it lies in the ability to get the other person’s point of view and see things from that person’s angle as well as your own” Dale Carnegie

Ms. Puja Chopra, Career Counsellor, Sat Paul Mittal School conducted a webinar on Social Skills on 6th July, 2020 in collaboration with AFS India, YRC Nahan, Nuapada, Mahendragarh, Russia, Bangladesh and Kerala under the project 'Strengthening NYKS and NSS' for the Graduate and Post Graduate students in lieu of World Youth Skills Day. Empathy, Interpersonal Skills, Team Building skills and conflict resolution skills are the quintessential in today’s dynamic world. The vehemence and passion of the candidates to learn and imbibe a very important 21st century skillset was noteworthy.

The key takeaways of the webinar were Social Skills can be developed, Social Skills require a personal commitment and Social Skills are the best way to enhance the relationships at the work front, augment the relationships at the home front and ensure



the personal Emotional wellbeing. A deep dive into the 3-W and 1-H of social skills helped the aspiring candidates to understand and comprehend the topic with commitment to improve, develop and enrich themselves.

In the informative and interactive session candidates engaged in activities like Padlet and Mentimeter and tried to explore their personal strengths and key values they were proud of. The session also helped candidates getting an overview on the values and virtues that contribute to good social skills.